Supportive Housing for Mental Health Recovery: A Bio-Psycho-Social Approach

Abstract
This thesis responds to the lack of psychiatric and infrastructural support during the transition from inpatient to outpatient care, and proposes a supportive housing model for patient recovery. It establishes an architecture to support a new model for mental health care using the bio-psycho-social perspective outlined in the psychological research section. Research into different methods of treatment, perception, and current patient infrastructure reveal that the existing framework does not suit the needs of patients caught between the secure levels of care in forensic institutions and those recovered enough to sustain themselves. The psychiatric program is based on the bio-psycho-social perspective outlined in the psychology chapter of the thesis, which will be used to treat patients with schizophrenia, mood disorders and anxiety disorders.

URI
http://hdl.handle.net/10012/2719